Volunteer at The Crisis Center!
The Crisis Center is looking for volunteers for its Crisis Intervention and Food Bank programs.

The Crisis Intervention Volunteer Program
As a Crisis Intervention volunteer you counsel people going through all kinds of crises: from financial struggles to relationship difficulties, from mental illness to suicidal thoughts. At The Crisis Center we let people define their own crises and we listen, validate, support and help people find their own solutions. Volunteers can work with clients on the phone, in person or online. Volunteers get a thorough training before working with clients and always have a support person available to them. Volunteers are expected to work one three-hour shift per week.

To learn more,

- **Call** Beau Pinkham, Crisis Intervention Program Coordinator at 319-351-2726 x102
- **Visit our website** at www.jccrisiscenter.org or
- **Come to Info Night** to meet the Crisis Intervention and Crisis Chat Program Coordinators and to talk to current volunteers about any questions you may have about the volunteer experience.

**Crisis Intervention Info Night**
Thursday, January 30th 6:00 to 7:00p
The Crisis Center, 1121 Gilbert Court, Iowa City

The Food Bank Volunteer Program
As a Food Bank volunteer there are a variety of ways you can help people meet their basic needs. The Food Bank is especially in need now of people with prior training and/or experience in interacting with people in crisis to conduct client interviews. Volunteers go through a 4-hour orientation then learn on the job with experienced volunteers who can show them the ropes. Volunteers are asked to make a weekly three-hour shift commitment for six months.

To learn more,

- **Call** William Batten, Food Bank Program Coordinator at 319-351-2726 x120 or
- **Visit our website** at www.jccrisiscenter.org

To Apply
Download an application from our website at www.jccrisiscenter.org or pick one up from The Crisis Center at 1121 Gilbert Court in Iowa City.
Applications for the **Food Bank** program are **due on February 3rd**. (Orientation is February 12th 5-9p).
Applications for the **Crisis Intervention** program are **due on February 10th**. (Training starts February 24th).

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Rachel Beach
Crisis Chat Program Coordinator and Trainer
The Crisis Center
Your first call in Johnson County
Business line (319) 351-2726 ext. 111
Fax line (319) 351-4671
rachel.beach@jccrisiscenter.org
www.jccrisiscenter.org
Stressed? Depressed? Need to talk? Call our 24-hour Crisis Line at (319) 351-0140