This AmeriCorps member will assist in the UAY Teen Parent Program by helping to provide skill-building activities, support, parent skills training, along with health and wellness activities for 75-100 pregnant and parenting teens and their infant children. Some of the teen parents are youth that are involved in UAY’S Transitional Living Program, others are youth involved in UAY’s general programs for teen parents, including community adolescent pregnancy prevention program.

**Scope of Daily Work:**

- Individual trust building activities are provided at support and skills groups, the UAY Youth Center, at schools, doctors offices, community agencies and in-home.

- Individual support is provided on making healthy choices, parent skill building, child development, past and present family issues, including domestic violence, sexual and physical abuse, substance abuse, homelessness, anger management, relationship issues, grief work and self esteem building. UAY staff utilizes the *Parents as Teachers* curriculum with many of the program participants. Information is also distributed from Iowa State Extension, and *Partners for a Healthy Baby* curricula.

- Families receive individualized assistance in accessing community services, including child care, transportation, affordable housing, health insurance, and other financial resources.

- Two support groups are offered weekly for teen mothers and meet for one and one half hours. Groups discuss relationship issues, domestic violence, substance abuse, parenting, goal setting, self-esteem enhancement, childhood trauma and abuse and other issues young parents must face. Health information resources from the 4-H resource library will be incorporated into groups and individual work the teen
parents. Recreation activities are planned and guest speakers are scheduled monthly.

- This member will also work with other UAY members to expand TLP/TPP client involvement in arts and other youth development programming at UAY.

To apply or ask questions contact Stu Mullins.

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