Play Therapy: Filial Training
(Location - 3113 1st Ave Cedar Rapids, Iowa 52405)
July 17, 2015, from 12-8 (Child-Centered)
July 18, 2015, from 8:30-3:30 (CPRT)
Cost: $280 and does not include required texts
Registration deadline: July 10 2015
CEU’s 14

Prerequisite: Must have had training in child-centered (non-directive) play therapy and a minimum of 75 clinical hours using child-centered play therapy.

Participants will need to purchase and bring with them the required course text:

Additional Information: Dress comfortably in clothes that allow you to be on the floor to play. Bring you meals. We will be taking only a 30 minute meal break each day.

Bring to Class:
Optional box of filial toys: small doll house with furniture and doll figures, dishes or tea set, play food and utensils, 2-3 small cars, baby doll, doll bottle, a piece of fabric about 2 feet long, wooden or plastic blocks or building type of toy, handcuffs, toy weapon (gun, knife, etc), camera or binoculars, a pool noodle cut in half (include both halves), 2 stuffed animals or puppets, a gallon size zip lock bag filled with various miniature animals, play money, a small cash register (optional), play medical kit, a small ball and a medium size ball (can substitute one of them with a stress ball), and arts/craft supplies (may include playdough). A blanket or sheet should be included as part of the filial kit.

Course Description: This course is an introductory course to filial therapy. Participants will learn how to work with caregivers in order to facilitate environmental changes in the home. This course will introduce therapists to the use and training of caregivers to act as the child’s therapist. Participants will learn how to teach caregivers to fulfill this important role, how to monitor and evaluate progress, and how to help caregivers advance their skills in order to help the child continue therapeutic progress.

Objectives: This training will provide therapists with the ability:

- To understand the principles and theories of using filial therapy techniques.
- To assess for the emotional availability and appropriateness of using filial therapy interventions.
- To prescribe home interventions for filial based play therapy
- To identify the four child centered play therapy elements in filial therapy
- Facilitate necessary changes in the home, such as structure, routines, and family interactions
- Better diagnosing and assessment for mental health concerns
- Collect data using play therapy models of practice and outcomes
- To understand the stages and themes of play therapy
- Ethical considerations for using filial therapy

**Audience:** Social workers, marriage and family therapists, mental health counselors, and all licensed mental health professionals.

**Presenter:** Dr. Patricia Gilbaugh, Ph.D., LISW, RPT-S, Executive Director, Founder, and Family Therapist.

**CEUs/CEHs:** This two day class is approved for 14 hours of credit by the Association of Play Therapy, provider number 13-348. **100% attendance at both days is required for CEU/CEH continuing education credit**