MARCH 27, 2020
BRIAR CLIFF UNIVERSITY – SIOUX CITY, IA
AGENDA

8:30 – 9:00 AM Check-in / registration

9:00 am-10:15am  Non-Suicidal Self-Injury: Assessment and Intervention

In this brief seminar we will review the criteria for non-suicidal self-injury, the populations that are at greater risk of self-injury, and the reasons for the behaviors. We will also explore similarities and differences between self-injury and suicidal behavior, and we will discuss how to conduct assessment and intervention for clients who engage in self-injury.

Objectives: Upon completion of this seminar, participants will be able to:

• Explain the primary reasons that clients engage in self-injury
• Understand who is at risk for self-injury
• Describe the similarities and differences between self-injury and suicidal behavior
• Discuss the essentials of self-injury assessment and intervention

Presenter: Wade Kuehl, MSW, LISW

Mr. Kuehl has 26 years of experience working in mental health care and is currently the Director of Psychological Health at the 185th Air Refueling Wing in Sioux City, Iowa. Mr. Kuehl has previously served as the Director of Behavioral Health at Mercy Medical Center, and as the Clinical Director at Siouxland Mental Health Center, both also in Sioux City, Iowa. Mr. Kuehl earned a B.S. in Psychology and Criminal Justice in 1993 and a Masters in Social Work in 2000.
10:30am-noon Suicide Prevention

This brief introductory workshop reviews suicide statistics in the U.S. and identifies at-risk groups, focusing on those considered high-risk. The workshop presents gatekeeper approaches to suicide prevention as widely accessible and broadly applicable across the population, and outlines the history of one such approach, QPR Gatekeeper Training for Suicide Prevention. This question-persuade-refer approach is reviewed in detail.

Objectives: Upon completion of this workshop, participants will be able to:

- Explain current statistics and information related to suicide prevention and populations at-risk
- Understand gatekeeper approaches to suicide prevention in community settings
- Apply a question-persuade-refer approach to suicide prevention in professional and personal contexts
- Identify local and national resources available for suicide prevention

Presenter: Dr. W. J. Casstevens, MSW, LCSW-NC

Dr. Casstevens is currently Program Director and Associate Professor of Social Work at Buena Vista University in Storm Lake, Iowa. During her prior 13-year tenure at North Carolina State University, she served as Principal Investigator on the NC State Suicide Prevention Program, U.S. DHHS, SAMHSA, Campus Suicide Prevention Grant. Willa practiced for 15 years in the south Florida community mental health arena and earned a Ph.D. in Social Welfare and M.S.W. degree from the Florida International University School of Social Work.

Noon to 1pm Lunch break (on your own)

1-2:30pm Homeless in Siouxland

An overview of the history of the Warming Shelter in Sioux City and other options for the homeless in the area.

Objectives: Upon completion of this seminar, participants will:

- Understand the prevalence of homelessness in the area.
- Learn methods for increasing community involvement.
- Gain deeper understanding of the role of the social worker in addressing homelessness and the needs of people experiencing homelessness.

Presenter: Jim Anderson, MSW, LISW

Mr. Anderson earned his MSSW in 1968. Through his 51-year career (mainly as a therapist), he worked for Catholic Charities, inpatient adolescence programs, private practice, and taught Behavioral Science at Siouxland Medical Foundation. He retired in 2012, but has continued to serve a number of nonprofit
organizations, including currently as president of the Warming Shelter in Sioux City. He’s married to a tolerant wife, with whom he has three children and seven grandkids.

2:30-2:45pm   --BREAK--

2:45-4pm*   The VA’s work with Veterans Experiencing or at Risk for Homelessness

An overview of Veterans experiencing homelessness in Sioux City and the work of the Veterans Administration in addressing their needs.

Objectives: Upon completion of this seminar, participants will:

- Understand barriers Veterans may face when experiencing homelessness.
- Learn about the programs available through the Department of Veteran Affairs for Veterans that are experiencing homelessness and/or at risk.

Presenter: Nicole Knowles, LISW, CADC

Ms. Knowles has been serving the Siouxland community, primarily in the field of mental health, for the last 20 years. After completing her undergraduate degree at Morningside College in 1999, Ms. Knowles embarked upon her career by serving youth who suffered from mental and behavioral health conditions. She later completed her Master’s of Social Work as part of the University of Iowa’s third Sioux City cohort, finishing in 2008. During her career she has broadened her focus to work with adults, families and communities, and has also specialized in the field of addiction and has been a certified alcohol and drug counselor since 2007. Ms. Knowles has served the majority of her time within private sector organizations throughout Siouxland. Since 2015, she has led local efforts for the Healthcare for Homeless Veterans Program through the Department of Veteran Affairs with coverage of the southern tier region for the Sioux Falls VA Healthcare System.

4:00 Conclusion of Symposium