Acceptance & Commitment Therapy  
February 9, 2018

Name:___________________________________  Degree:  BA ○ BASW ○ MA ○ MSW ○ PhD ○ Other ○

Street Address:___________________________________________________________________

City:_____________________________State:_________Zip:_________________Phone #:___________________

Email Address:___________________________________________________________________

Agency/Organization:________________________________________________________________

Are you:  Current UI Social Work Student ○  Current UI Social Work Faculty/Adjunct ○
          Current UI Field Instructor ○  UI Social Work Alum ○

Checks should be made out to the School of Social Work and sent to  
Attn: Jefri Palermo, School of Social Work, 308 North Hall, Iowa City, Iowa, 52242
No refunds after February 2, 2018. You can also register with a credit card online at www.signmeup.com/123502.
LEARNING OBJECTIVES

1 – A basic understanding of the history and development of Acceptance and Commitment Therapy (ACT), and the so called 3rd wave of behaviorism.

2 – We will be learning and practicing of a variety of ACT techniques with a focus on how to introduce clients to the ACT experience, as well as what techniques to use when.

3 - The class will also practice case conceptualization from an ACT framework.

WORKSHOP FORMAT

8:30 am    check in
9:00 am    workshop begins
12:00 pm   lunch
1:00 pm    resume training
4:00 pm    evaluation

COST & CEU’S

Participants who complete the workshop are eligible for 6 contact hours of credit toward social work licensure.

For current University of Iowa social work students, adjuncts, and field instructors, the cost is $20. For all others, it is $70. Coffee and lunch are included.

Registration form and checks should be mailed to:

Attn: Jefri Palermo
School of Social Work
308 North Hall
Iowa City, IA 52242

Or register online at
http://www.signmeup.com/123502

Registration is limited to 50 people.

For questions and concerns, please contact Jefri Palermo at 319-335-3750 or Jefri-palermo@uiowa.edu

WORKSHOP PRESENTERS

Drew Martel (LISW, CADC) has been the Foundation2 Mobile Crisis Program Manager for the last four years. In his current role he has taken part in hundreds of crisis interventions utilizing a variety of behavioral approaches and techniques. In 2016, Drew presented at the National Association on Suicidology’s national conference on the crisis intervention program that Foundation2 has developed. Drew was initially introduced to Acceptance and Commitment Therapy (ACT) through a pilot program training counselors to utilize common ACT techniques with perpetrators of domestic violence. In addition to his current position, Drew has also worked in the substance use treatment field, child behavioral health and is a Navy Veteran. Drew lives in Cedar Rapids with his wife Anna, daughter Madeline and two dogs, Sully and Bernie.

1 – A basic understanding of the history and development of Acceptance and Commitment Therapy (ACT), and the so called 3rd wave of behaviorism.

2 – We will be learning and practicing of a variety of ACT techniques with a focus on how to introduce clients to the ACT experience, as well as what techniques to use when.

3 - The class will also practice case conceptualization from an ACT framework.