

Mental Health Presentation Series

Continued

COPING IN THE TIME OF COVID-19



THURSDAY, MARCH 25 | 1:00-2:00 PM CST

Managing the Future of Work and Learning

Nikole Mac

*Director, Leadership & Organizational Development
Organizational Effectiveness, University HR*



THURSDAY, APRIL 1 | 1:00-2:00 PM CST

The Unseen Impacts of the Pandemic: What Do I Do With All My Losses and Disappointments?

Linda Stewart Kroon

*Director,
Women's Resource and Action Center*

Katryn Duarte

*Assistant Director, Sexual Assault Services
Rape Victim Advocacy Program*

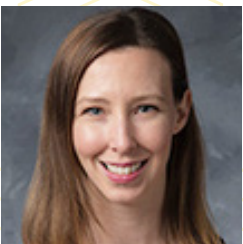


THURSDAY, APRIL 8 | 1:00-2:00 PM CST

Is Everything I Feel My Fault: Feeling Depressed and Anxious When it Actually May Be Sadness and Stress

Stacey McElroy-Heltzel

Assistant Professor, Psychological and Quantitative Foundations



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Individuals with disabilities are encouraged to attend all University of Iowa sponsored events. If you are a person with a disability who requires an accommodation in order to participate in this program, please contact University Counseling Service at 319-335-7294.