Family, Health, Well-Being Track

The family, health, and well-being track requires a minimum of 15 s.h. of credit, including 12 s.h. of course work taken at the University of Iowa. It is open to sociology majors who are interested in understanding family structures and practices, differences between and within families, and those social institutions and forces that shape families or are shaped by them. Additionally, the track cultivates students’ understanding of the social context of health, illness, and health care. It is especially well suited for students who are interested in pursuing careers in the fields of social service and health.

Sociology Requirements, Bachelor of Arts (BA) 15-16 s.h.:
- SOC:1010 Introduction to Sociology Principles, 3-4 s.h.
- SOC:2130 Sociological Theory, 3 s.h.
- SOC:2170 Research Methods, 3 s.h.
- SOC:4910 The Capstone Course in Sociology, 3 s.h.
- SOC:4909 Graduation Portfolio, 0 s.h. (taken in the last semester)

Requirements:
Must take at least TWO of the following (minimum of 6 semester hours)
- SOC:1310 Gender and Society, 3 s.h.
- SOC:2710 The American Family, 3 s.h.
- SOC:3510 Medical Sociology, 3 s.h.

Electives:
Choose (at least) THREE of the following courses (minimum of 9 semester hours). Only one of the three courses can be CRIM.

Undergraduate Courses
- SOC:2064 African American Families, 3 s.h.
- SOC:2810 Social Inequality, 3 s.h.
- SOC:3220 Sociology of Mental Illness, 3 s.h.
- CRIM:3420 Juvenile Delinquency, 3 s.h.
- SOC:3750 Born in the USA: Fertility and Reproduction, 3 s.h.
- SOC:4230 Sociology of Self-Improvement, 3 s.h.
- CRIM:4430 Interpersonal Violence in Society, 3 s.h.
- SOC:4902 Selected Topics in Family, Health, & Well-Being, 3 s.h.

Graduate Courses (open with undergraduates with permission from instructor)
- SOC:6220 Seminar: Selected Topics in Social Psychology (when topic is life course)
- SOC:6310 Gender Stratification