## Bachelor of Arts in Health & Human Physiology

### Health Studies Track

**www.uiowa.edu/hhp**

### Health & Human Physiology Core

15 SH

- □ 027:039 Physical Activity & Health (3sh)
- □ 027:040 Nutrition & Health (3sh)
- □ 027:053 Human Anatomy (3sh)
- □ 027:050 Fundamentals of Human Physiology (3sh)
- □ 027:140 Fundamentals of Exercise Physiology (3sh, PreReq 027:050)

### Chemistry – One from:

- □ 004:008 General Chemistry II (3sh)
- □ 004:012 Principles of Chemistry II (4sh)

### Biology – One from:

- □ 002:002 Introductory Animal Biology (4sh)
- □ 002:031 Foundations of Biology (4sh)
- □ 002:021 Human Biology (4sh)

### Mathematics or Statistics – One from:

- □ 22M:009 Elementary Functions (4sh)
- □ 22M:015 Mathematics for the Biological Sciences (4sh)
- □ 22M:016 Calculus for the Biological Sciences (4sh)
- □ 22M:017 Calculus & Matrix Algebra for Business (4sh)
- □ 22M:025 Calculus I (4sh)
- □ 22S:008 Statistics for Business (4sh)
- □ 22S:025 Elementary Statistics and Inference (3sh)
- □ 22S:101 Biostatistics (3sh)
- □ 22S:102/07P:143 Introduction to Statistical Methods (3sh)
- □ 171:161 Introduction to Biostatistics (3sh)

## Health Studies Electives

15SH, at least 12 at 100-level and above

- □ 027:044 Human Development Through the Life Span (3sh)
- □ 027:051 Human Physiology Laboratory (1sh)
- □ 027:054 Human Anatomy Laboratory (1sh)
- □ 027:076 Psychological Aspects of Sport and Physical Activity (3sh)
- □ 027:117 Human Growth and Motor Development (3sh)
- □ 027:128 Obesity: Causes, Consequences, Prevention (3sh, PreReq 027:039, 040)
- □ 027:131 Coaching for Health and Wellness (3sh, PreReq 027:039, 040)
- □ 027:143 Physiology of Nutrition (3sh, PreReq 027:040)
- □ 027:147 Physical Activity & Healthy Communities (3sh, PreReq 027:039, 040)
- □ 027:151 Understanding Human Disease (3sh, PreReq 027:050)
- □ 027:158 Motor Learning: Theory & Application (3sh)
- □ 027:175 Emotional & Psychological Aspects of Health (3sh, PreReq 027:039)
- □ 027:195 Undergraduate Independent Study (Arranged sh)
- □ 027:197 Biomechanics of Human Motion (3sh)

### Notes

Refer to your degree audit for your progress on all degree requirements, including information on second majors, minors, or certificates.