A. Description of Exercise Science Practicums

Health and Human Physiology will be offering 1 SH Practicum Course (HHP:4350) opportunities at the following sites:

- U of I Rec Services
- U of I Olympic Strength & Conditioning
- U of I Football Strength & Conditioning
- West Branch High School (Phil Johnson, CSCS)
- UIHC Pulmonary Rehab

The practicum is designed to be an initial exposure to practical settings within the field of Exercise Science, allowing you to apply skills and knowledge you have gained in your coursework in a supervised situation. The minimum contact hour requirement is 45 hours throughout the semester.

B. Pre-Requisites and Requirements

The following pre-requisites/requirements are common for all sites:

- Fundamentals of Human Physiology (HHP:1300) or Human Physiology (HHP:3500)
- Human Anatomy (HHP:1100)
- Nutrition and Health (HHP:2310)
- Applied Exercise Physiology (HHP:3400) or Exercise Physiology (HHP:4410)
- CPR/AED Certification

In addition, the following sites have additional requirements:

- UIHC Pulmonary Rehab
  - Metabolic Exercise Testing & Rx (HHP:4200)

C. Application Instructions

To apply, complete the form found on the following page. Place the form and typed responses to the four prompts on the bottom of the form into an envelope marked:

Fall 2016 Ex Sci Practicum Application

c/o Clay Peterson

Drop the envelope at the HHP main offices (FH E102). Application deadline is Friday, March 25.

The applicant pool will be narrowed during an initial screening. Criteria considered will be academic performance, experience, and seniority. After this initial screening, we will ask you to send a resume and cover letter to each site, which may be followed up by an interview before final selections are made.

Note: CPR/AED certification does not have to be completed in order to apply, but it must be completed prior to the beginning of the Fall 2016 semester.
Name: _________________________________________ UID#: _________________________________

E-Mail Address: ________________________________ Phone #: ________________________________

Expected Graduation: ________ Semester Hours Earned: _________ UI Cumulative GPA: _____________

Pre-requisite course-work/certifications (please provide letter-grade in blank, put “IP” if course currently in progress):

- Physiology (circle HHP:1300 or HHP:3500) __________
- Anatomy __________
- Nutrition and Health __________
- Exercise Physiology (circle HHP:3400 or HHP:4410) __________
- CPR/AED Certification Date (leave blank if not completed) __________

Indicate the practicum courses and sites for which you would like to apply (if more than one please rank, with 1 being your first preference):

- UI Rec Services ______
- Strength & Conditioning, West Branch ______
- Strength & Conditioning, UI Olympic ______
- UIHC Pulmonary Rehab ______
- Strength & Conditioning, UI Football ______

Please provide typed responses to the following on a separate sheet of paper:

- Please list all of the relevant certifications that you currently hold.
- What experiences have you had in interacting with individuals or groups in a professional or academic setting (e.g. customer-service jobs, tutoring, group class work, etc.)?
- Why and how do you currently exercise/train?
- What excites you about working in the fitness industry, and what is your ultimate career goal?

If you have any questions, please direct them to Dr. Clay Peterson (clayton-peterson@uiowa.edu).