Therapeutic Recreation Program
Guidelines for Pre-Internship Experience Hours
Updated 10.2020

Students must complete a minimum of 200 hours of volunteer or paid experience with a minimum of three (3) populations at three (3) different agencies and submit pre-internship to internship coordinator prior to deadlines.

It is highly recommended that students attempt to gain experience beyond the minimum requirement, attaining 400+ total hours with at least one clinical experience.

A list of examples includes the following but please note this is a nonexclusive list. Regular updates are provided on the TR Majors ICON site through the discussion board as well as announcement board.

Clinical Settings

Hospitals
UIHC- Iowa City
Mercy- Iowa City
St. Luke’s- Cedar Rapids
Mercy- Cedar Rapids
VA- Iowa City
Blank Children’s Hospital- Des Moines
Children’s Mercy- Des Moines

Mental Health Facilities
Chatham Oaks – Iowa City
Iowa Medical Classification Center – Coralville
Four Oaks – Cedar Rapids
Tanager Place – Cedar Rapids

Group Homes
Systems, Inc- Iowa City
REM

Community Settings

Recreation Centers (interacting directly with children and adults with disabilities)
Iowa City Parks and Recreation
Coralville Parks and Recreation
Cedar Rapids Parks and Recreation
CRWC if teaching (must be approved by advisor)
Special Recreation Associations

Camp Programs
Heart Connection Children’s Cancer Connection- Boone, IA

Rehabilitation Centers
Child Serve- Iowa City/ Johnston
Iowa City Rehabilitation & Health Care Center (transitioning to Trilium)- Iowa City
St. Luke’s – Cedar Rapids

Long-Term Care Facilities
Legacy Senior Living – Iowa City
Oaknoll- Iowa City
Melrose Meadows- Iowa City
Bickford Assisted Living- Iowa City
Windmill Point Estates- Coralville
Walden Place- Iowa City
Four Oaks- Cedar Rapids/Iowa City
Lantern Park- Iowa City

Nonprofit Agencies and School Systems (interacting directly with children and adults with disabilities)
The ARC
Iowa City School District (with approval from advisor)
Girls on the Run
United Action for Youth
Big Brothers/Big Sisters

Child Care (interacting directly with children with disabilities)

HandiCare

Home Ties

Other child care experiences as approved by your advisor

Elective Coursework & Extracurricular Activities

Camp Adventure (50 hours max)
Dance Marathon (Hours served)
Student Organization Special Projects
(as they relate to TR & persons with disabilities)

TR Electives

South Africa Trip (50 hours max)
Winter Games Field Trip (50 hours max)
Give Kids the World (30 hours max)
Camp Have-a-Lot-of-Funna (15 hours max)
Others as approved by academic advisor