

## **Therapeutic Recreation Program Guidelines for Pre-Internship Experience Hours**

Updated 10.2020

Students must complete a minimum of 200 hours of volunteer or paid experience with a minimum of three (3) populations at three (3) different agencies and submit pre-internship to internship coordinator prior to deadlines.

It is highly recommended that students attempt to gain experience beyond the minimum requirement, attaining 400+ total hours with at least one clinical experience.

A list of examples includes the following but please note this is a nonexclusive list. Regular updates are provided on the TR Majors ICON site through the discussion board as well as announcement board.

### **Clinical Settings**

#### *Hospitals*

UIHC- Iowa City  
Mercy- Iowa City  
St. Luke's- Cedar Rapids  
Mercy- Cedar Rapids  
VA- Iowa City  
Blank Children's Hospital- Des Moines  
Children's Mercy- Des Moines

#### *Mental Health Facilities*

Chatham Oaks – Iowa City  
Iowa Medical Classification Center –  
Coralville  
Four Oaks – Cedar Rapids  
Tanager Place – Cedar Rapids

#### *Group Homes*

Systems, Inc- Iowa City  
REM

#### *Rehabilitation Centers*

Child Serve- Iowa City/ Johnston  
Iowa City Rehabilitation & Health Care  
Center (transitioning to Trilium)-  
Iowa City  
St. Luke's – Cedar Rapids

#### *Long-Term Care Facilities*

Legacy Senior Living – Iowa City  
Oaknoll- Iowa City  
Melrose Meadows- Iowa City  
Bickford Assisted Living- Iowa City  
Windmill Point Estates- Coralville  
Walden Place- Iowa City  
Four Oaks- Cedar Rapids/Iowa City  
Lantern Park- Iowa City

### **Community Settings**

*Recreation Centers* (interacting directly with children and adults with disabilities)

Iowa City Parks and Recreation  
Coralville Parks and Recreation  
Cedar Rapids Parks and Recreation  
CRWC if teaching (must be approved by advisor)  
Special Recreation Associations

#### *Camp Programs*

Heart Connection Children's Cancer  
Connection- Boone, IA

Camp Courageous- Monticello  
Camp High Hopes – Sioux City  
Roundup River Ranch

*Nonprofit Agencies and School Systems*  
(interacting directly with children and adults with disabilities)

The ARC  
Iowa City School District (with approval from advisor)  
Girls on the Run  
United Action for Youth

Big Brothers/Big Sisters

*Child Care* (interacting directly with children with disabilities)

HandiCare

Home Ties

Other child care experiences as approved by your advisor

### **Elective Coursework & Extracurricular Activities**

Camp Adventure (50 hours max)

Dance Marathon (Hours served)

Student Organization Special Projects

(as they relate to TR & persons with disabilities)

#### *TR Electives*

South Africa Trip (50 hours max)

Winter Games Field Trip (50 hours max)

Give Kids the World (30 hours max)

Camp Have-a-Lot-of-Funna (15 hours max)

Others as approved by academic advisor