



**Please join us for the next Visiting Professorship Series**

**Physical Activity in Growth and Development**

January 18, 2012

10:30 a.m.

Room 220, Fieldhouse

&

**Bone Health and Physical Activity  
during Childhood and Adolescence: A Lifetime of Importance**

January 19, 2012

12:00 - 1:00 p.m.

C44A-GH (4th floor, elevator BW)

**Dr. Fatima Baptista, Associate Professor, Human Kinetics, Technical University of Lisbon, Lisbon, Portugal**, will present on two separate occasions:

On January 18<sup>th</sup> she'll take a comprehensive look at the importance of physical activity during childhood and adolescence including dose-repose and guidelines for optimal metabolic and skeletal health.

On January 19<sup>th</sup> she'll discuss why healthy bone development is one of the most important reasons to promote physical activity in youth. Her presentation will contribute to the understanding of physical activity's biological and mechanical mechanisms that influence the skeleton during childhood and adolescence.

Please forward this announcement to any colleagues you believe would be interested.

Individuals with disabilities are encouraged to attend all UI sponsored events. If you are a person with a disability who requires an accommodation in order to participate in this program, please call 319.384.5282 in advance.

These presentations are sponsored in part by the UI Department of Health and Human Physiology, the Iowa Bone Development Study, and the Institute for Clinical and Translational Science.

**Reminder:** by requesting and using ICTS services, you agree to acknowledge the NIH and CTSA grant number UL1RR024979 in any and all publications, presentations, patents, and projects resulting from directly funded research. More information is available [here](#).